


Subject	PSHE	Year Group	4	Unit title	RSE
		<ul style="list-style-type: none"> <li>▪ <b>Character:</b> Children will understand about respecting the differences and similarities between people and recognise what they have in common with others.</li> <li>▪ <b>Competence:</b> Children will know about the importance of keeping clean and how to maintain personal hygiene especially during puberty.</li> <li>▪ <b>Community:</b> Children will be able to recognise common stereotypes and know strategies for challenging those stereotypes.</li> </ul>			
<b>Skills</b>			<b>Assessment</b>		
Clarifying & re-evaluating values & beliefs Self-awareness			<ul style="list-style-type: none"> <li>▪ Retrieval practice at the start of every lesson.</li> <li>▪ Pause points/plenary to check for understanding in every lesson.</li> <li>▪ Socratic quizzes/reflection tasks at end of lessons.</li> </ul>		
<b>Prior linked learning of core concepts</b>			<b>Future linked learning of core concepts</b>	<b>Teacher preparation required</b>	
Y2 T5 Unit 6 Y3 T5 unit 6			Y5 T5 Unit 6	<ul style="list-style-type: none"> <li>▪ Ensure sound knowledge from the knowledge organiser content and prior knowledge.</li> <li>▪ Download teacher and pupil decks to your own iPad and amend for your cohort.</li> <li>▪ Read teacher notes for guidance.</li> </ul>	
<b>Other Resources</b>					
PDFs or PPs will be provided for texts.					
Week	Learning Outcome	PSHE Association: Programme of Study	Additional guidance	Lesson details	Further resources
1	<p>~ Know about personal identity and what contributes to who we are.</p> <p>~ Know about respecting the differences and similarities between people and recognising what we have in common with others.</p>	<p><b>KS2 R2.</b> that people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or different sex to them; that gender identity and sexual orientation are different.</p> <p><b>KS2 R7.</b> to recognise and respect that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents); that families of all types can give family members love, security and stability.</p>	<p>Informing parents / carers of when these lessons are being delivered will enable them to respond appropriately and in a timely manner to any potential questions that may arise following these lessons.</p> <p>This lesson could be linked to national campaigns, human right lessons.</p> <p>This may be a sensitive topic for some pupils therefore it is important to end the lesson with signposting to appropriate support or further advice for pupils.</p>	<p>This lesson is to learn about the importance of diversity and celebrating difference. Children will identify how we are the same in some ways to some and different to others. They will recognise diversity in their community. Describe different groups to which they are part of in our communities. Demonstrate respect for difference and communicate this to others.</p>	<p>You may find some useful material/activities in the following resources: <a href="#">School Diversity Week Resources</a> by Just Like Us.</p> <p>Stonewall 'Different <a href="#">Families, Same Love</a>' Resources.</p> <p><a href="#">Diversity Role Model</a> Sign up for free resources.</p>

		<p><b>KS2 R32.</b> about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background.</p> <p><b>KS2 R33.</b> to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own.</p> <p><b>R34.</b> how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with.</p> <p><b>KS2 L8.</b> about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities.</p>	<p><b>Set ground rules.</b> It's important to tell the children they will be discussing sensitive information, so it is important to have ground rules. Set the ground rules with the children at the start of every lesson this term. Also <b>emphasise confidentiality and safeguarding.</b> There is a slide with Teacher notes and a script to help with emphasising confidentiality and safeguarding.</p> <p><b>2020 Statutory Guidance – Families and people who care for me:</b>  - that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.</p> <p><b>Respectful relationships:</b>  - the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.</p>		
2	<p>~ <b>Know how stereotypes can negatively influence behaviours and attitudes towards others.</b></p> <p>~ <b>Know strategies for challenging stereotypes.</b></p>	<p><b>KS2 L9.</b> About stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes.</p> <p><b>KS2 L10.</b> about prejudice; how to recognise behaviours/actions which Discriminate against others; ways of responding to it if witnessed or experienced.</p>	<p><b>Recap the ground rules.</b> It's important to remind the children they will be discussing sensitive information. Recap the ground rules at the start of every lesson this term. Also <b>emphasise confidentiality and safeguarding.</b> There is a slide with Teacher notes and a script to help with emphasising confidentiality and safeguarding.</p>	<p>In this lesson children will learn about the roles played by boys and girls. They will recognise common stereotypes. Children will be able to explain what 'stereotype' and 'discrimination' means. They will identify simple gender stereotypes. They will reflect how they feel about difference and know that different things contribute to their identity. Children will practise challenging stereotypes they hear.</p>	<p>Equality and Human Rights Commission – Learning Area 2 Challenging <a href="#">Stereotypes</a></p> <p>Equality and Human Rights Commission – Learning Area 3 – <a href="#">There's no such thing as a boy's/girl's job</a></p>

3	<p>~ Learn about the outside changes that happen to my body during puberty.</p> <p>~ Know about the importance of keeping clean and how to maintain personal hygiene especially during puberty.</p>	<p><b>KS2 H30.</b> identify the external genitalia ..... in males and females and how the process of puberty relates to human reproduction</p> <p><b>KS2 H32.</b> about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene.</p> <p><b>KS2 H31.</b> about the physical and emotional changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams).</p>	<p><b>Recap the ground rules.</b> It's important to remind the children they will be discussing sensitive information. Recap the ground rules at the start of every lesson this term. Also <b>emphasise confidentiality and safeguarding.</b> There is a slide with Teacher notes and a script to help with emphasising confidentiality and safeguarding.</p> <p>It is important to include in the lesson signposting to appropriate support or for further advice for pupils, should they have any further questions, even if this is simply encouraging them to discuss with family at home or putting a question in the class private question box.</p> <p>Be aware that vocabulary around body parts particularly when discussing genitalia may not be developed. Often children use non-scientific or 'home accepted' words.</p> <p>Familiarise yourself with the vocabulary required in this lesson. Prior to the lesson, read the lesson guidance throughout the slides, for additional support.</p>	<p><b>In this lesson children will learn about the changes that happen to their bodies as they grow up into adults. They will remember the names of the external genitalia for boys and girls and label the main parts of the body and how it differs for boys, girls, men and women. They will describe the key body changes when boys and girls become adults. They will begin to understand how the process of puberty relates to human reproduction. They will understand the importance of why they need to keep clean throughout puberty. They will explain key steps required to maintain personal hygiene into adulthood. They will identify who they feel they can approach to talk to about puberty.</b></p>	<p><b>Child friendly online information</b>  <a href="https://www.sheffieldchildrens.nhs.uk/services/school-nursing/puberty/">https://www.sheffieldchildrens.nhs.uk/services/school-nursing/puberty/</a></p> <p><b>Advice for parents/carers:</b>  <a href="https://www.royalcollegeofpsychologists.org.uk/press-releases/2018/09/12/royal-college-of-psychologists-surviving-adolescence">Royal College of Psychologists - Surviving Adolescence</a></p> <p><b>TES:</b>  <a href="https://www.tes.com/d7/period-education-betty-for-schools">https://www.tes.com/d7/period-education-betty-for-schools</a></p> <p><b>Please note</b> Betty for schools link does not work but TES have other resources here too.</p> <p><a href="#">PSHE Association RSE Resource – Year 4/5 – Lesson 1 &amp; 3 - Time to Change &amp; Personal hygiene</a>, <b>if you are a member.</b></p>
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