

21ST OCTOBER 2021

A Message From Mr Lillo

Dear Parents & Carers,

Thank you everyone for all your hard work and support this half term. It has been a very busy half term and it has been wonderful to see how well the children have been learning. Everyone has worked incredibly hard and I am so proud of all we have achieved as a team.

As the weather is now very unpredictable, please can I remind you that your children should have a waterproof coat in school every day.

As we approach the end of the first half term of the school year, I would like to take this opportunity to wish you all a fabulous half term break and I look forward to seeing the children return on 1st November, rested and ready for the second half of the Autumn term.

Have a good week.

Glenn and the Ryelands Team

Year 1 Local Area Walk

This week, Year 1 enjoyed a walk in our local area looking at landmarks and memorable places that the children visit regularly. It was fantastic to hear the children use rich language to share their experiences at places like the country park and the weekly swimming lessons that they have at the leisure centre. It was amazing to hear so many children talk about visiting local small businesses like Treasures and helping the environment by walking to the local Tesco Express, other small parks and local shops. We are very proud to see how much pride and interest the children take in their local community.

Community Tea

On Thursday afternoon, for the first time in many months, we opened our doors to the members of the public. Many members of our community joined us for an afternoon tea with entertainment. The tea was hosted by our Year 6 Mini SLT'S and all year groups performed. Due to your immense generosity, our guests were able to receive plentiful harvest parcels which will make a real difference to them.

Harvest Festival

On Thursday, we celebrated Harvest Festival, at St Luke's Church. Our pupils put on a fantastic performance. Each year group sang a Harvest song, while Year 2 and Year 6 put on a wonderful play of Handa's Surprise. We were delighted to see so many members of our community coming together for this special event. Thank you to the parents and carers who helped us walk to and from the Church.

Virtual Marathon

This week, Year 1, all the way up to Year 6 ran the Virtual Mini Marathon. The children, along with some of the teachers, ran 2.6 miles across 3 days. On Monday and Tuesday they ran 1 mile each day, which was 16 laps around the MUGA. On Wednesday, they completed their mini marathon with the last 0.6 miles, a final 9 laps. They all showed huge resilience as it was a very tough run. I'm sure everyone can now appreciate how difficult it was for everyone who ran the full marathon of 26.2 miles, including Miss Reed. Well done to all the children who took part. It would be great to see more people take up running after enjoying the run this week.

Black History Month Competition

We are holding a Black History Month Competition. There will be a prize for 1st, 2nd and 3rd place in each year group. We would like the children to research an inspirational black individual. This could be a politician, musician, athlete, actor or even someone at home or in their community!

The children will then display their information in whatever form they like – they could make a poster, a PowerPoint presentation, a poem or even record a video of themselves. It's your chance to be as creative as you like and feel free to involve your family in your project!

Please give your entries to your class teacher or email them to office@oasisryelands.org

The deadline for submissions will be **Friday 5th November** and the winners will be announced on **Monday 8th November**.

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Heritage Week

As part of our focus on heritage, next half term we will be looking at Black History and where we all come from. We will be celebrating our heritage, investigating the changes in life experiences for our ancestors and celebrating achievements within the sciences and arts. Across the curriculum, we will be using P4C techniques to answer philosophical questions about our past and ourselves. Acknowledging past achievements in art, science, music and drama, will also allow us to have a better understanding of the creative stars of the future.

Our main areas of study are:

- Black History Heroes
- Celebrating the achievements of Black Britons
- Global BLM movement
- Black British stories and authors



Wellbeing Tip of the Week

Have you ever noticed how you breathe when you feel relaxed? The next time you first wake up in the morning or just before you fall asleep, try and notice your breathing. Deep breathing is one of the best ways to lower stress in the body. This is because when you breathe deeply, it sends a message to your brain to calm down and relax, which then signals your body to relax.

Belly breathing is easy to do and very relaxing. Try this basic exercise anytime you need to relax or relieve stress:

1. Sit or lie flat in a comfortable position.
2. Put one hand on your belly just below your ribs and the other hand on your chest.
3. Take a deep breath in through your nose, and let your belly push your hand out. Your chest should not move.
4. Breathe out through pursed lips as if you were whistling. Feel the hand on your belly go in and use it to push all the air out.
5. Do this breathing 3 to 10 times. Take your time with each breath.
6. Notice how you feel at the end of the exercise.

Attendance

Over a school year, we are due to be open for 190 days which equates to 380 sessions with registration in the morning at 09:00 and after lunch in the afternoon. Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target: 98%

Attendance This Week: 94.8%

Attendance This Year: 95.9%

Registers are taken up to 10 minutes after the school gates close at 09:00. It is important that the children are at school on time every day to prevent disruption and upset to their day and for the rest of their class.

Pupils Late This Week: 43 pupils

Years 3 & 4 Swimming

We are really pleased to be able to announce that Years 3 & 4 will be starting swimming lessons. Swimming is such an important life-saving skill and it has been such a shame that these lessons had to stop due to COVID.

The swimming offer is now very different to what it used to be, and the children will have a 2 week block where they go swimming every day. Please ensure that your child has their swimming kit in school EVERY DAY during these dates.

Please see below for the dates for each class:

15th - 26th November: Magpie

29th November - 10th December: Owl

10th - 21st January: Woodpecker

24th January - 4th February: Kingfisher



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Persistent Pupil Absences

The new education secretary, Nadhim Zahawi has vowed to tackle persistent pupil absences describing it as a key priority. I am grateful to the detailed monitoring carried out by Ms McCrea to find out why children are missing their learning. We work closely with yourselves and monitor all unauthorised absences. These can result in a fixed penalty fine. Please work with us to provide your child with the best chances of learning by ensuring they are in school every day and on time.

COVID-19

We would ask that if your child shows any COVID-19 symptoms, you take them for a PCR test and inform school of the result. It is no longer necessary for close contacts of positive cases to self-isolate. If there were a number of cases in school, then we would seek advice from the local authority and public health and some safety measures could be reinstated. If you have any queries or concerns about this or anything else, please do not hesitate to contact the school office.

PE Kits

There are an increasing number of children that arrive each week at school without their PE kits. Please can I ask children and parents/carers to ensure that these come into school. PE is a National Curriculum subject just like English and Maths. We will provide kit for the children to use if they don't have any. Many children do not like this so I am sending out a plea for kits to be remembered.

Year 6 Secondary School Applications

The deadline for applications is 31st October 2021. Please note that the admissions team has recommended applications are made by 22nd October.

Family Lives

Family Lives was formally registered as a charity in 1999, and operated under the name of Parentline Plus. The parents that founded Parentline believed that there needed to be a dedicated organisation supporting parents, before they reached crisis point.

How can they help you? If you would like support and advice, you call their confidential helpline on 0808 800 2222 or you can talk with them online. You can contact them about any family issue, big or small. They listen, support and never judge.

Punctuality

LATENESS = LOST LEARNING (Figures below are calculated over a school year)

- 5 minutes late each day 3 days lost!
- 10 minutes late each day 6.5 days lost!
- 15 minutes late each day 10 days lost!
- 20 minutes late each day 13 days lost!
- 30 minutes late each day 19 days lost!



Dick Whittington

On Thursday 16th December, the whole school will be going to see Dick Whittington being performed at Stanley Halls. More information will follow nearer the time.



Great Books Guide 2021: Best New Children's Books

Are you starting to think about Christmas presents yet?

[Click here to see 100 books from the last year that we think are great – and so will children.](#)

Research shows that the children who are the most engaged with reading and writing (i.e. those who enjoy it, do it daily and have positive attitudes towards it) are three times more likely to have higher levels of mental wellbeing than children who don't. As a school, one of our priorities is to get children excited about books, stories and rhymes because if reading is fun, children will want to do it. We'd like to share with you this guide full of books we think are absolutely brilliant, carefully chosen to engage and excite children all the way up to age 11. We believe that the "right" book is always the book a child wants to read – and we hope this guide inspires you to find that book.

You can look at the books by age on the website, or download the full Great Books Guide 2021.

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Young Minds

YoungMinds is the UK's leading charity championing the wellbeing and mental health of young people. They exist so that young people have the strongest possible voice in improving their mental health.

They strive to make sure everything from practice in schools and services to Government policy is driven by young people's experiences and aspirations. They support parents to help their children through difficult times, they equip professionals to provide the best possible support to the young people that they work with, and they empower young people to change their world.

Young Minds are supporting the #Take20 initiative.

[This page](#) on their website has some great information and suggestions for taking 20 minutes to start a conversation. "Talking to your child about how they're feeling can be hard. By taking 20 minutes with them to do an activity you'll both enjoy, you'll create a relaxed space to start that conversation. Here are lots of fun activity ideas, conversation starters and advice to make talking easier and help you and your child #Take20."

Dates for your Diary

Date	Event
Mon 1st November	All children return to school Year 6 Height and Weight check
Weds 3rd November	Year 5 & 6 Debate Mate trip
Thurs 4th November	Year 4 Science Museum trip Year 5 & Year 6 Able Maths Day at Monks Orchard School
Fri 26th November	Open Day (new Reception parents) 09:30
Weds 1st December	Individual School Photos
Tues 7th December	Early Years and Year 1 Christmas Production PM
Weds 8th December	Early Years and Year 1 Christmas Production AM
Thurs 9th December	Carol Concert rehearsal at St Luke's Church AM
Fri 10th December	Carol Concert - St Luke's Church PM
Tues 14th December	Open Day (new Reception parents) 13:30
Weds 15th December	Carol singing at Whitgift Centre 10am Christmas lunch
Thurs 16th December	Dick Whittington @ Stanley Halls
Fri 17th December	Last day of term
Mon 20th December to Mon 3rd January	Christmas Holidays
Tues 4th January	All children return to school

SOCCER SCHOOL PROGRAMS

BROMLEY - CROYDON - TANDRIDGE



Kent County Cricket Club- Palace for Life Soccer Camp - Monday 25th to Thursday 28th October 2021. U7-U13 (School Years Year 2-Year 8)

Next date: [October 25, 2021](#)

♀ The County Ground, Beckenham (Kent County Cricket Club), Worsley Bridge Road Beckenham London BR3 1DR

Our Soccer Schools have been specially designed by coaches at Palace for Life Foundation and Crystal Palace FC to provide the best football experience for players in South London. The courses run during the school holidays from 9:00am to 4:00pm for Childr...



Boys Trial: Coombe Wood School - 9.30-11.30am Friday 29th October 2021 U7 to U10's (School years 2, 3, 4 & 5)

Next date: [October 29, 2021](#)

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Have you got what it takes for a Palace for Life development centre? The Palace for Life trial offers you an opportunity to play in front of Palace for Life Coaches, in order to see if your son can be invited to a Palace for Life Development Centre. Our D...

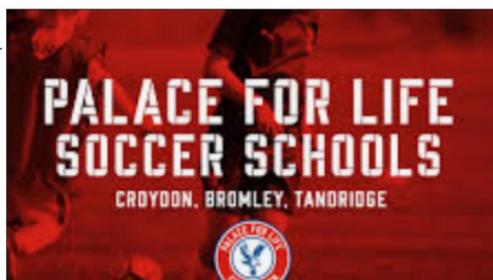


Boys Trial: Coombe Wood School - 12.30-2.30pm Friday 29th October 2021 U11 to U14's (School years 6, 7, 8 & 9)

Next date: [October 29, 2021](#)

♀

Have you got what it takes to be invited to a Palace for Life development centre? The Palace for Life trial days offers you an opportunity to trial in front of Palace for Life Coaches, in order to see if your son can be invited to a Palace for Life Develo...





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KIDS HALF TERM CLUB

25TH-29TH OCTOBER 2021

9AM-5PM

FROM £10 A DAY

38 Moreland Avenue
Croydon, CR0 6EA



Football, Basketball,

Arts & Crafts, Cooking,

Fun Games & DJ Workshop

Ages-6-15



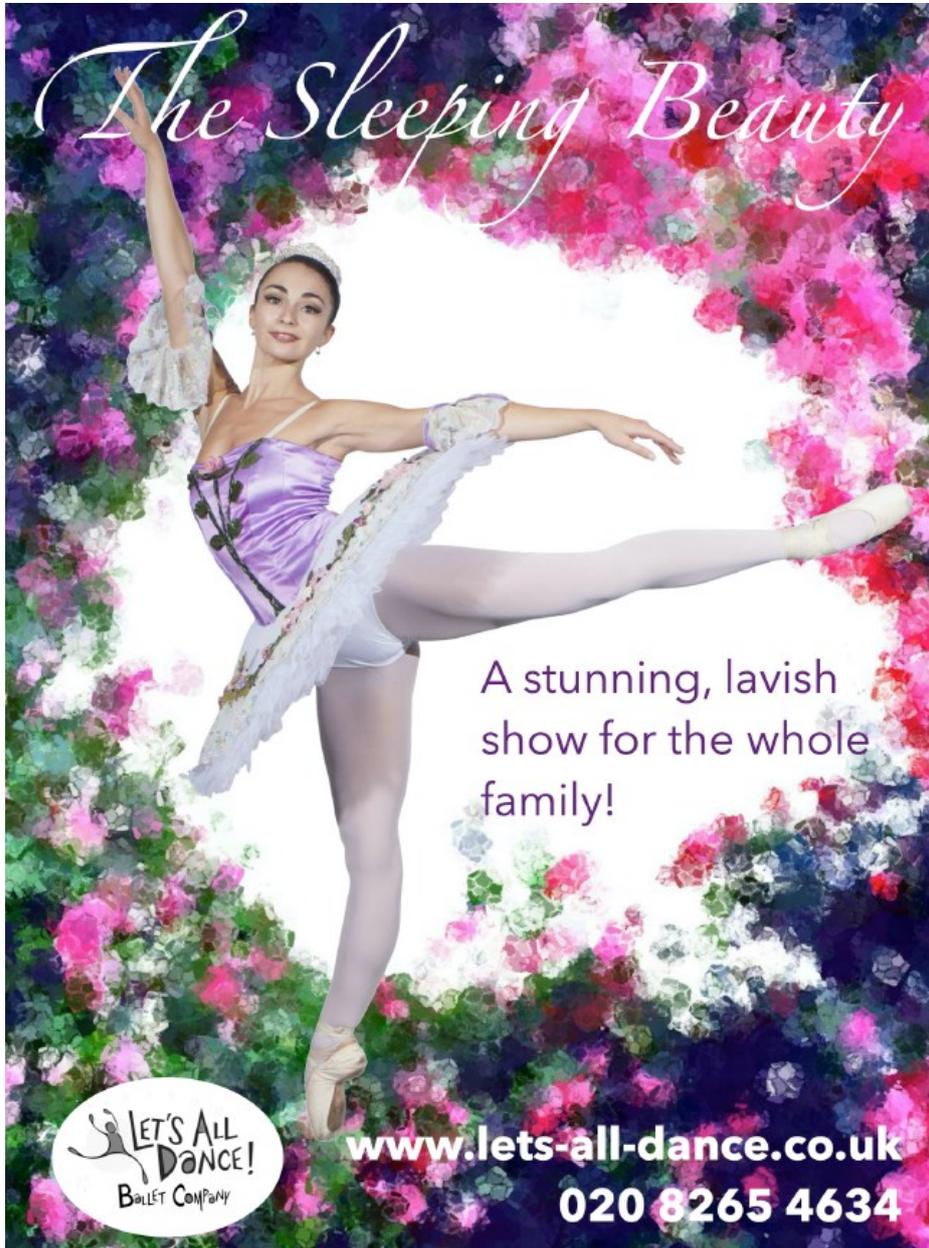
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Saturday 25th September
The Mill Arts Centre, Banbury

Saturday 16th October
Leicester Square Theatre, London West End

Sunday 17th October
Millfield Theatre, Edmonton

Sunday 24th October
Malthouse Theatre, Canterbury

Thursday 28th October
Stanley Arts, South Norwood

Friday 29th & Saturday 30th October
Lilian Baylis Theatre Sadler's Wells, London



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TIANA EAT UP!

THURSDAY 28 OCTOBER 11AM @ NORBURY LIBRARY



Join Local children's author Akitoye Sunday,
reading from her wonderful story, 'Tiana Eat Up'

Tiana loves food. She has her favourite dishes and enjoys watching her grandma cook. But one day she is presented with an unfamiliar dish, which causes her to make a decision.

Suitable for children aged 7+

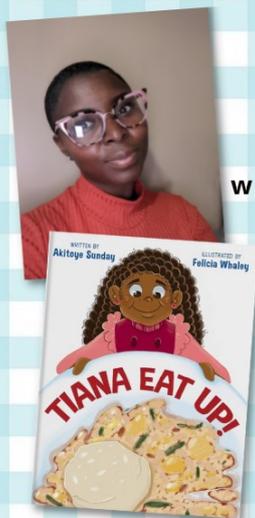
Akitoye will also share a fun activity and have copies of her book available for purchase too!

Contact the library to book your FREE place

Norbury Library, Beatrice Avenue,
London SW16 4UW
020 7884 5215

norburylibrary@croydon.gov.uk

Croydon
Libraries



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