

## 4TH NOVEMBER 22

### A Message From Miss Reed and Mr Lillo

Dear Parents and Carers,

We hope that you all had a good half term break. As ever, we have been working hard in school this week with lots going on. The children have enjoyed making a start to their new topics this half term and visitors to the school have again commented on the children's positive attitudes towards their learning. It has been wonderful to see so many parents and carers talking to our teachers at Parents' Evenings this week, it is important for us to share what the children have been learning and give advice about what you can do at home to support them, so thank you all for making the effort to come. If you have been unable to make an appointment to see your child's class teacher, please speak to them as soon as possible about doing this.

As the weather gets colder, and probably wetter, this half term please can I ask that your child comes to school wearing an appropriate coat to keep them warm and dry. They should also try to bring tracksuit bottoms/leggings for PE as they are likely to have lessons outdoors and it could be chilly!

We hope that you all have a good weekend thank you for your continued support.

Kate, Glenn and the Ryelands Team

### Debate Mate Launch Event

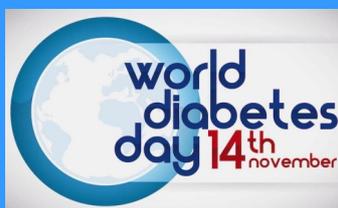
Joining hundreds of children from schools in the South East, this year's Debate Mate team attended the launch event in Central London. With the 17 week program of Debate Mate starting next Thursday, Year 6 are excited and ready to get started with some debating and speech writing. Parliament Square was packed, as was the Jubilee Line, but Year 6 were **considerate, patient, self-controlled and humble** at all times. One gentleman commented on the positive behaviours of the children whilst we were on the escalators at London Bridge, he was impressed by their 'maturity' and 'sensible attitudes'. What a wonderful comment to hear! Well done Year 6!



### World Diabetes Day - Wear Blue and Cake Sale

To support World Diabetes Day, we are inviting the children to come to school on Monday 14<sup>th</sup> November dressed head to toe in **blue!** We are asking the children to donate £1 which will go to Diabetes UK to help fund further research into diabetes. We have a number of members of our school community who have been diagnosed with diabetes and would love for you to join us in supporting them and their families.

In addition to this, we will be holding a cake sale after school on Monday 14<sup>th</sup> November in the Key Stage 1 playground. We would really appreciate contributions to the cake sale (bought or homemade – no nuts please!). If you are able to contribute, please bring your cakes into school on the morning of Monday 14<sup>th</sup> November (they will be collected by a member of staff from each class).



### Parent Workshop - English

We are holding an English workshop for parents and carers on Tuesday 8<sup>th</sup> November from 9am in the school hall.

Ms Bakosi will begin the session by talking about the teaching of Reading and Writing in Key Stages 1 and 2 before Mrs Carew takes over to tell you about how we teach Phonics and Early Reading in the Early Years and Key Stage 1.

## 4TH NOVEMBER 22

### External Agencies

Due to staffing issues the EP service has had to greatly reduce the amount of time they are in school for all Croydon schools. For OA Ryelands, this means that we are receiving a ¼ of the service we normally have. This does mean that the focus has to be on the children that already have Educational Health Care Plans (EHCP) as these are legal obligations. There will be a very limited amount of time to see other children. We are having to prioritise children like all Croydon schools. We know that this is far from ideal but there are not the Educational Psychologists available in Croydon at this present time. Myself as SENCO, and class teachers, are working hard to put strategies in place to help the children that have additional needs.

**Speech and Language service (SALT)** We have waited months for the commissioning service to agree what the SALT offer is going to be in Croydon. This has been released to us this week. Across Croydon the speech therapists will only be seeing children with EHCPs. For all other children we will continue to implement speech programmes to the very best of our ability until the therapists are able to see all the children on the case load. Again there is a huge recruitment issue.

**Croydon CAMHs** At present there is approximately 2.5 year waiting time. Friends Of Ryelands have provided funding for a counselling service that we as a school have added to so that an increase number of children can be seen. This is making a difference but we know this is for a limited number of children.

We are sharing this information with you so that you can understand the difficulties that are facing all Croydon schools at this present time. If you are concerned about your child/ren please email the school office and address the email to myself as the Inclusion Manager/SENCO, Louise Champion. I will listen to your concerns and help to try plan a way forward with limited resources.

Many thanks for your continued support. Miss Champion

### Shout Out From Nursery

Nursery are in need of the below items. If you have any at home that are your children no longer want, they would be loved by our Nursery children.



Mr. Potato Head toys

Action figures

Superhero figures

Vehicles and accessories



We would really appreciate any donations :)

### FOR AGM

The Friends of Ryelands PTA Annual General Meeting will take place on Monday 7th November at 5pm in the Main Hall. Everyone is invited.

Prior to that, from 3.30pm, there will be the opportunity for you to come and meet us and see who we are and what we do. Refreshments will be available in the main hall and the chance for you to come and see what we have achieved as a PTA over the years. You can also come and give us ideas of what you would like to see us do next!



### Help Wanted!

I'm sure that many of you have noticed the problem we have with litter and dog fouling on the streets surrounding the school. We would love the children to help to tackle this problem by designing colourful posters that we can display on the school fences to encourage people to pick up after their pets and dispose of their litter in the bins. If your child would like to help us with this, please encourage them to create a poster on A4 paper and bring it in to the school office. We will select some posters to display on our fences in the hope that this will help to solve the problem. Thank you for the posters I have already received – please keep them coming!



### Makaton Words Of The Week

Next week's words will be:

**Morning and Afternoon**

All the children are enjoying learning the new Makaton signs and joining in with the signing of our songs in Sing & Sign assembly. Please encourage your children to show you the signs they are learning, they are doing so well!



## 4TH NOVEMBER 22

### This Week's Adventures

**Nursery:** In nursery we have been exploring the sights and sounds of fireworks. We have watched firework displays and then tried to replicate the sounds of zoom, bang, whoosh, fizz, pop and crackle with our bodies! Then we had a go using lots of different percussion instruments which was great fun but VERY loud!! We made our own models of fireworks to hang up and we used chalk and glitter to draw firework displays on black paper. We even learnt a new fireworks song!

**Reception:** This week's topic was Heritage and Diwali. The children talked about the things that they do to celebrate Halloween and observed how it is celebrated around the world. They learnt about Diwali, listened to the story of Rama and Sita and used clay to make Diya pots. On Wednesday, we talked about our heritage and explored some of the different cultures and traditions that we have. The children also learnt about Guy Fawkes and the significance of Bonfire Night. In Maths, the children explored number 4 and the square through various games and practical activities. In Write Away, the children wrote words with this week's letters by sounding out and segmenting.

**Year 1:** Year 1 have had a great week and have settled back into Year 1 after half term beautifully! In English, we have started our unit on "The Way Back Home" by Oliver Jeffers. The children have especially enjoyed this book as lots of them have read it at home. We are still focusing on writing sentences and using capital letters, finger spaces and full stops. We have been really impressed by the children's writing and have seen some great vocabulary used already! In Maths, we have continued to learn about addition. We have practised adding 2 numbers together and will now use what we know to solve some reasoning and problem solving questions. In Science, we have started to classify animals into different groups. This week we sorted animals depending on whether they were mammals, fish, birds, reptiles or amphibians. We have been really impressed by the children's knowledge about all of the different animals.

**Year 2:** We have started a new text in Year 2 this week, 'The Lighthouse Keeper's Lunch' by Ronda and David Armitage. We made predictions about the text and used a range of adjectives to describe how the main character Mr Grinling looks and his personality traits. We received a letter from Nelly the nosy neighbour who told us all about poor Mr Grinling and his lunch fiasco, we identified what made it a good letter and what letters need to include. This will support us in writing our own letters over the next few weeks. In maths, we have been using our knowledge of number bonds to 10 to help us add and subtract two- and one-digit numbers. We've started a new topic in science, identifying how we can recycle and reuse things to impact the climate change in a positive way. This week we carried out an experiment with ice and clingfilm to help us understand how greenhouse gasses are affecting our climate. In Geography, we located the seven continents on a map and observed how continents closer to the equator have a hotter climate than those furthest away.

**Year 3:** This week Year 3 have been working very hard practicing column method addition and subtraction using 2- and 3-digit numbers. In Writing, children have begun their study of the book, George's Marvellous Medicine by Roald Dahl, they have produced some imaginative sentences capturing the writing style of Roald Dahl. Meanwhile in PE, Year 3 produced wonderful balances sequences with their partners. In History, the children have started to learn about who the Ancient Egyptians were by studying various historical sources including artefacts, maps, timelines, and landmarks. The children thoroughly enjoyed learning about the mummification process, and other artefacts such as canopic jars, the Pyramids, jewellery, and the coffins. Year 3 are very excited to go to The British Museum next week to look out for some of these artefacts and gather more information about the Egyptians.

**Year 4:** Year 4 have had a great week. In English, we have begun writing persuasive texts to tempt visitors to Picturesque Paris. In Maths, we have been consolidating our work on addition and subtraction, exploring the most efficient methods and using rounding to make sensible estimates. The children proved the progress they made in Science and Humanities by showing us what they have learned, before we move on to our next units of work. On Thursday we also got to participate in a dance workshop inspired by Diwali, the Festival of Lights. The children's skills at playing chess are coming on well too.

Continued on next page...

## 4TH NOVEMBER 22

### This Week's Adventures continued...

**Year 5:** Year 5 have been working very hard this week and have settled back in to this half term very well. We have started learning about traditional tales by looking at the text *The Lost Happy Endings* by Carol Ann Duffy in English. The children have been able to use some very spooky descriptions in their writing about how scary the woods were. In Geography, we have started this half term by plotting landmarks in London on a grid using symbols and a key and it was brilliant to hear about how many children have had the opportunity already to visit these exciting places.

**We are also aware that some parents still have not completed the form for the Young Voices trip. If you would like your child to come, we are extending the deadline so please make sure that you have either spoken to Miss Johnston or completed the form and paid for your ticket by the end of the day on Monday. Thank you!**

**Year 6:** Year 6 have continued to study the poem 'Beautiful Ambition' by Karl Nova and have started to write their own versions. We broke it down into 4 shapes: hopes; who or what helps us; barriers we face; and, finally, achieving our hope. In maths, we broke down addition and subtraction worded problems and started looking at factors and multiples. We finished our learning on Buddhist beliefs and learnt about the Buddhist festival 'Loy Krathong'. We learnt about Black Lives Matter; reflected on how Black History Month started and learnt about the life of Rosa Parks. We continued singing and playing 'Happy' in music and reflected on the positive and negative impacts of the internet on our mental health and well-being.

## 4TH NOVEMBER 22

### Spelling Shed

This week's spelling shed class league table:

- 1st place– Hawk Class
- 2nd place - Eagle Class

This week's individual spelling shed league table:

- 1st place - Thara, Hawk
- 2nd place - Jayden, Eagle
- 3rd place - Jonny, Starling

### Attendance

Over a school year, we are due to be open for 190 days which equates to 380 sessions with registration in the morning at 09:00 and after lunch in the afternoon. Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target: 96.4%    Attendance This Week: 94.7%    Attendance This Year: 95.2%

Registers are taken at 09:00. It is important that the children are at school on time and in the line at 8:50 every day to prevent disruption and upset to their day and for the rest of their class.

Pupils Late This Week: 58 pupils

### Stars of the Week

Each week, a child in each class is chosen for portraying one of the Oasis 9 Habits.

Sparrow	Raul - Hopeful
Starling	Ben - Joyful
Chaffinch	Zakai - Hopeful
Goldfinch	Safira - Hopeful
Kingfisher	Rafa S - Self-controlled
Woodpecker	Aryan - Hopeful
Magpie	Shakai - Honest
Owl	Judah - Considerate
Heron	Scarlett - Hopeful
Raven	Maria - Considerate
Eagle	Charlotte - Considerate
Hawk	Aurelio - Self-controlled
Children's Choice	Evie in Raven chose Alice - Considerate Maya in Goldfinch chose Mila - Joyful



Compassionate	Patient	Humble
Joyful	Honest	Hopeful
Considerate	Forgiving	Self-controlled



# Dates for your Diary

Date	Event
Mon 7th Nov	Year 6 height and weight checks Friends of Ryelands (FOR) AGM - 17:00 in the Main Hall
Tues 8th Nov	English Morning for parents: Phonics, Reading and Writing - 9:00
Weds 9th Nov	Owl Display - Reception
Thurs 10th Nov	Owl Class Assembly
Weds 11th Nov	Diwali Assembly
Mon 14th Nov	World Diabetes Day - wear blue, donate £1 Cake Sale in KS1 Playground after school
Tues 15th Nov	Parents Meeting: SEND - Dyslexia Focus - 14:30
Thurs 17th Nov	Magpie Class Assembly 9:00
Mon 21st Nov	Individual photos
Thurs 24th Nov	Maths Morning for parents - 9:00
Thurs 1st Dec	Kingfisher Class Assembly 9:00
Fri 2nd Dec	Parents Meeting: Staying Safe Online - 14:45
Tues 6th Dec	EYFS & Y1 Christmas Production
Weds 7th Dec	EYFS & Y1 Christmas Production
Thurs 8th Dec	Christmas Carol Concert rehearsal AM Woodpecker Class Assembly 9:00
Fri 9th Dec	Christmas Carol Concert PM Christmas Jumper Day
Weds 14th Dec	Carol singing at Whitgift Centre
Fri 16th Dec	Last Day of term

## New Reception Open Days

We are holding the below Open Days for parents / carers of children who are applying for Reception places for September 2023. Please pass this information on to anyone who may be interested.

Thursday 10th November  
09:30-10:30

Friday 18th November  
09:30-10:30

Monday 12th December  
13:30-14:30

To book a place on one of our Open Days, please email [office@oasisryelands.org](mailto:office@oasisryelands.org)  
or call 020 8656 4165.

**Felix** | THE  
FELIX  
PROJECT  
GOOD FOOD FOR GOOD CAUSES

FELIX FOOD FIGHT  
RYELANDS SURPLUS FOOD ECO SHOP



Welcome to our Eco Shop!

Every Wednesday after school

Find us at the main gates

Wednesday 3rd November, come and see what surplus food we have to offer.

So far, we have had:

Potatoes—10p

Broccoli—10p

Bread—10p

Apples—10p

Mangoes—20p

Ready meals 50p

Cheese—50p

Yogurts—50p

And much, much more!

We never know what we will be getting and how much supplies we will have

We do know that it is all good food that would otherwise go to waste

Shop opens at 3.00pm

See you there!



# PEOPLE'S PARLIAMENT

## Young people and racism: tackling prejudice in our local communities and wider society

Monday 14 NOVEMBER 2022 7:00 - 8:30pm

The Oasis Centre, 1 Kennington Road  
London SE1 7QP (opposite Lambeth North Tube)

Join **John Barnes** at the Oasis People's Parliament for your chance to discuss, debate and form action around the way in which our society and communities can tackle prejudice and become actively anti-racist.

John and an expert panel including **Florence Eshalomi, MP for Vauxhall, Lib Peck, Director of London's Violence Reduction Unit**, and a group of youth workers and students, will challenge us through their vivid, thought-provoking and sometimes painful personal experiences. As they do so, they will help us to explore a wide range of issues, including discrimination, honest and open communication, taking the knee, unconscious bias, the place of stop and search in community policing, using our voice to challenge injustice, and the need to take tangible action now.



John Barnes spent the first dozen years of his life in Jamaica before moving to the UK with his family in 1975. Six years later he was a professional footballer, playing for Watford, Liverpool and England, and in the process becoming the country's most prominent black player.

Through our evening together, we will have the opportunity to ask questions of John, Florence, Lib and the panel as they debate with one another, and be inspired about the ways in which we can commit to making the world genuinely open, inclusive and anti-racist: a better place for young people and us all.

In 2021 John published '*The Uncomfortable Truth about Racism*'. In this important book, John tackles head-on the issues surrounding prejudice by vividly evoking his personal experiences, and holding a mirror to this country's past, present and future.

Get tickets at: <https://bit.ly/youngpeopleandracism>  
Or scan the QR code:



Oasis PEOPLE'S PARLIAMENT

**Young people and racism:**  
tackling prejudice in our local communities and wider society

with John Barnes and Florence Eshalomi MP

Mon 14<sup>th</sup> Nov 2022

**BOOK YOUR FREE PLACE**

## WORLD DIABETES DAY is on 14<sup>th</sup> November

It is celebrated on the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922

# Learn the warning signs of TYPE 1 DIABETES

## Know the 4T early signs



Toilet



Thirsty



Tired



Thinner

If your child has one or more of these symptoms, they may have type 1 diabetes. A delay in diagnosing type 1 diabetes can lead to a severe and potentially fatal complication called diabetes ketoacidosis, or DKA. An easy, fast and free blood glucose check from your GP is all that it takes to diagnose type 1 diabetes.

## TWO TYPES - WHAT'S THE DIFFERENCE?

TYPE 1	TYPE 2
<ul style="list-style-type: none"><li>• Autoimmune disease</li><li>• Develops rapidly</li><li>• Can be diagnosed at any age, but is often diagnosed in young children or teenagers</li><li>• Insulin-dependent</li><li>• Deadly if not caught in time</li></ul>	<ul style="list-style-type: none"><li>• Not an autoimmune disease</li><li>• Develops slowly</li><li>• Can be diagnosed at any age, but often diagnosed in adults</li><li>• Can utilize other medication instead of/ or in addition to insulin</li></ul>

## DIABETES MYTHS

MYTH	FACT
<b>Diabetes is caused by eating too much sugar</b>	<b>Type 1</b> diabetes isn't caused by diet or lifestyle choices. It is an autoimmune disease, which happens when the cells that produce insulin in the pancreas are destroyed by the immune system. It's also not true to say that <b>type 2</b> diabetes is caused by sugar. However, the chances of developing this type of diabetes are greater if you are overweight or obese.
<b>People with diabetes cannot eat sweets</b>	Having diabetes does not mean you have to have a sugar-free diet. People with diabetes should follow a healthy balanced diet, like everyone else. <b>Type 1</b> diabetics need to carbohydrate-count their food and inject insulin accordingly. As long as they do that, they can eat anything they like.
<b>People with diabetes should eat 'diabetic' foods</b>	'Diabetic' labelling tends to be used on sweets, biscuits and similar foods that are generally high in fat, especially saturated fat and calories. Diabetes UK does not recommend eating 'diabetic' foods.
<b>Type 2 diabetes is 'mild' diabetes</b>	Even if you don't have to take medication to control it, <b>Type 2</b> diabetes is not a mild form of diabetes. It's important to control your condition well to avoid developing complications, which can include sight loss and even amputation as well as an increased risk of heart attack and stroke.

### Sources:

<https://www.diabetes.org.uk/>

<https://diid.org.uk/>

<https://www.nhs.uk/healthcareprofessionals/type-1-type-2-diabetes-diagnosis-treatment-and-symptoms/>

<https://www.bhf.org.uk/informationsupport/heart-matters-magazine/nutrition/myths-about-diet-and-diabetes>



# SPG YOUTH CLUB

**FOOTBALL SESSIONS**

**TABLE TENNIS**

**AIR HOCKEY**

**BASKETBALL**

**NET BALL**

**& MORE**



**ALL COACHES  
ARE DBS  
CHECKED!!!**

**AGE: 10  
- 19**

**THURSDAYS & FRIDAYS**

**TIME: 5PM - 7PM**

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38 MORLAND AVE, CROYDON  
CRO 6FA**

**07508053809**