

03RD FEBRUARY 2023

A Message From Miss Reed and Mr Lillo

Dear Parents and Carers,

This week, I had the pleasure of visiting Oasis Academy Putney to see some learning in action. It was really interesting to observe our Oasis curriculum being taught in another setting and to see how the different academies are adapting this to fit their children's needs. I was able to talk to the children there about the learning at Ryelands and tell them proudly about how much work our children have done to develop the 9 Habits around the school. Hopefully, you will have seen some of this 9 Habits work reflected in conversations with your children and also when you visit the school for Parents' Evening which many of you did this week – thank you all for attending! If you haven't yet made an appointment, please try to make one for next week.

Next week is **Children's Mental Health Week** which is organised by the charity [Place2Be](https://place2be.org). This year's theme is 'Let's Connect' to encourage children (and adults) to look at how we can make meaningful connections. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing.

At Oasis Academy Ryelands, we will be focusing on this and taking part in a number of activities in recognition of Children's Mental Health Week.

Why not visit the [52 Lives, School of Kindness](https://schoolofkindness.org) website for some more ideas of things to do to be kind to our minds?

<https://schoolofkindness.org/childrens-mental-health-week-2023>

We would like to thank you all for your continued support and kindness.

Have a great weekend.

Kate, Glenn and the Ryelands Team



Valentine's Bake Sale – We need your donations!



Our Mini SLT are organising and running a Valentine's themed bake sale after school on Friday 10th February. The children need your help and donations to make this event a success. Please bring your baked donations (nut free please!!) to class on the morning of the 10th February. We would love you to support the sale after school as well by visiting the stalls to buy some cakes. Money raised from the sale will go to Friends of Ryelands who are currently raising funds to buy a shelter to provide shade for the children on the MUGA playground.

Year 4 Frylands Meeting

Please come and join us on Thursday 23rd February 15:30 – Year 4 Frylands Information Meeting for Parents and Carers.

Nursery Debt

Please ensure you keep up to date with your nursery fee's as not to build up any debt, payment should be made every week on MCAS.

FOR Family Bingo - Come and join us Saturday 4th Feb!

A game filled afternoon for the whole family, come and join us tomorrow, entry on the door if you have no tickets £3.00 per adult.

Children's Mental Health Week

It's Children's Mental Health Week 6-12 February 2023. As part of this important week we would like to invite all children (and staff) to join us next Friday 10th February for our "Dress To Express" day to help support our young children with their mental health and this years charity Place2Be. Please bring a £1 donation for this brilliant charity and all the work that they do with Ryelands, Miss Wallace.

03RD FEBRUARY 2023

We Are The Debate Mate Champions



We kicked off our Debate Mate season in fine form on Thursday, with 3 out of 4 wins against other schools in the South East. Hosted by Dalmain Primary School in Honor Oak Park, our first Urban Debate League competition was both exciting and challenging. With confidence and class, every child listened respectfully to the debates of the other schools and offered their own points of view with clear justifications. Celebrating on our way home with a conga down Oakley Road at 6.30pm and singing 'We Are The Champions' along Portland Road, Year 6 were a credit to our school and displayed many of our 9 habits with aplomb. Well done!

03RD FEBRUARY 2023

This Week's Adventures

Nursery: The Ducklings have been learning what 're-cycling' means and why it is good for our planet. We printed the green reduce, re-use, recycle signs and thought about where we see this sign in everyday life. We thought about the effect of unnecessary waste on the planet and what happens to our world and our immediate environment if we don't take care to reduce, re-cycle and re-use things. We discovered which materials can be re-cycled and what they could be made in to. We sorted through objects and separated them according to what they were made of. We also looked at the harm plastic does to the ocean and marine wildlife. The Ducklings thought of really good ways to re-use or repurpose old toys and clothes, and we realised that we should never waste food!

Reception: In Reception, this week's topic was Dinosaurs. The children travelled back in time to learn about what the world was like when the dinosaurs roamed freely on Earth. They learnt about different types of dinosaurs and their characteristics. On Tuesday, an egg suddenly turned up in the classroom and after much research, the children came to the conclusion that it must be a dinosaur egg. They made a good plan of how to look after it and keep it safe, but the egg mysteriously disappeared overnight. Photo and video evidence showed that the egg hatched and there was a baby dinosaur walking around the school. We are still looking for it!

Year 1: This week in Year 1 we have continued writing about "The Queen's Hat". We have been describing all of the fun places in London that the Queen's hat flew to. In Maths, we have started looking at numbers to 50. We have practised counting forwards and backwards, grouping in tens and thinking about how many tens and ones a number has. In DT, we made bridges out of junk modelling. We designed them a few weeks ago and really enjoyed creating them! Please note: On Thursday 9th February we are having a Kings and Queens dressing up day. Your child can come to school dressed up in their best King or Queen outfit.

Year 2: This week, Year 2 have really enjoyed taking all we have learnt from studying Grandad's Island and writing our own version of the story with our own characters and island! We have worked hard checking our work for corrections and then publishing our stories in our neatest writing. In Maths, we have becoming more confident with division and sharing into equal groups using both physical counters and pictures. We are becoming experts on the Victorians in our History lessons and are really looking forward to our trip after the half term. We are still looking for parent helpers if you are available!

Year 3: This week in English, we have started to write a magical persuasive advert full of adverbs, adjective's and alliteration plus rhetorical questions to engage the reader - well done Year 3! While in maths, we have continued our journey into recognising, adding, subtracting money and converting pounds to pence. Everyone is showing perseverance and being joyful. In PE, our legs and heart received an excellent workout in our fitness lesson, and we were able to recall what exercises were hard and easy from the week before. Art was super fun this week as we took inspiration from sculptures made from natural materials and tried this out in class - well done Year 3 as your art was balanced, creative and we demonstrated great partner work to produce different designs. Lastly, in History, we have started filming an 'Iron Age' iMovie' showing everything we know about homes, tools and life during this age.

Year 4: This week during our maths learning, Year 4 have started exploring fractions. We started off by identifying fractions and look forward to finding equivalent fractions. During our writing lessons the stories we have written inspired by Edward Tulane have now been redrafted and published. In science, we are learning all about global warming and the various ways we can save our planet and reduce our carbon footprint. We had an amazing time on our trip to The British Museum, where we investigated artefacts from the Romans Era. Thank you to all parents and members of additional staff who made the trip a success! We have ended the week dressed up as Romans and will indulge in some Roman inspired snacks and treats.

Year 5: Year 5 have worked really hard this week and have produced some excellent sketches of Viking Warriors along with learning more about Vikings as part of our Non-Chronological report writing in English. As well as this, they have continued their learning about healthy living and completed a poster to share about the importance of staying healthy and the positive impact that exercise can have on our bodies. We learnt about how important is to have the right nutrients in our bodies when we exercise, especially focusing on carbohydrates and protein. The children have amazed their teachers again through our fantastic times table knowledge as they have used this to find the lowest common multiple and order fractions. We have also seen some fantastic homework entries of Viking longboats so well done Year 5 (and some of your parents as we know some of them enjoyed helping you too).

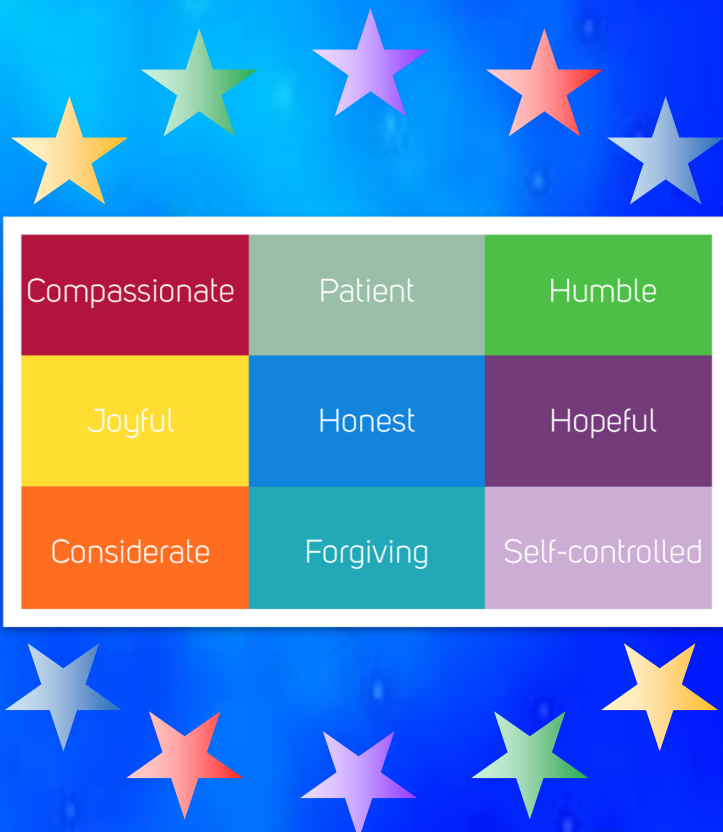
Year 6: Year 6 continued their narrative based on Rose Blanche and then wrote a diary entry based on what she saw after she followed the van (Jews in a concentration camp). In maths, we learnt how to add and subtract mixed numbers. In geography, we used our own key to represent the different industries that were found around the UK during the Industrial Revolution. In science, we looked at how animals have adapted to their environments and made links back to our learning last term on fossil fuels by considering how fossils are created and what we can learn from fossil records. In computing, we are creating our own blank space stories to help us understanding how computers take and store input from a user, then use it later as a program runs.

3RD FEBRUARY 2023

Stars of the Week

Each week, a child in each class is chosen for portraying one of the Oasis 9 Habits.

Robin	Olivia - Patient
Wren	Jannat Hira - Joyful
Sparrow	Will - Hopeful
Starling	Kaijah - Hopeful
Chaffinch	Sumayah - Compassionate
Goldfinch	Hugo - Honest
Kingfisher	Jake - Self-controlled
Woodpecker	Wole - Joyful
Magpie	Shaniqua - Hopeful
Owl	Melisa - Joyful
Heron	Safa - Compassionate
Raven	Rufus - Joyful
Eagle	Zion - Self-controlled
Hawk	Rayniah - Humble
Children's Choice	Max chose Zion - Patient Raul Chose Andreas - Hopeful



Makaton Words Of

Next week's words will be:
Excited and Angry

All the children are enjoying learning the new Makaton signs and joining in with the signing of our songs in Sing & Sign assembly. Please encourage your children to show you the signs they are learning, they are doing so well!



Attendance

Over a school year, we are due to be open for 190 days which equates to 380 sessions with registration in the morning at 09:00 and after lunch in the afternoon. Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target: 96.4% Attendance This Week: 94.7% Attendance This Year: 92.9%

Registers are taken at 09:00. It is important that the children are at school on time and in the line at 8:50 every day to prevent disruption and upset to their day and for the rest of their class.

Pupils Late This Week: 62 pupils

Dates for your Diary

Date	Event
Mon 30th Jan - Mon 6th Feb	National Story Telling Week
Mon 6th Feb	Parents' Meeting: Keeping Safe Online - 09:00 Children's Mental Health Week
Tues 7th Feb	Safer Internet Day Parents' Evening 3:40pm-6:00pm
Thurs 9th Feb	Starling Class Assembly - 09:05 Reception to Ashburton Library Year 1 Kings and Queens dress up
Fri 10th Feb	Reception Height and Weight checks Ryelands' Got Talent Finale Valentine's Day Bake Sale Mental Health "Dress to Express" £1 Donation Last day of term
Mon 13th - Fri 17th Feb	Half Term
Mon 20th Feb	All children return to school
Tues 21st Feb	TFL Workshop - Year 6
Thurs 23rd Feb	9.00am GLD Reception Parents Meeting 3.30pm Frylands Meeting - Year 4
Friday 24th Feb	9.00am Year 4 Parent meeting - Multiplication Tables
Mon 27th Feb - Fri 3rd March	Book Week
Mon 27th Feb	Cosy Readers Day - Wear PJs 2.45pm Parents Meeting - Phonics screening check
Thurs 2nd March	World Book Day - Dress as a Book Character
Thurs 9th March	Bikability 1 Day Year 3 and 4
Fri 10th March	2.45pm Parent Meeting - Mental Health and Wellbeing
Tues 14th March	2.30pm Parent Meeting SEND - Speech and Language
Wed 15th March	9.00am Parents Wellbeing coffee morning
Fri 24th March	2.15pm Year 2 Parents Meeting - SATS 2.45pm Year 6 Parent Meeting - SATS
Wed 29th March	Wear Red Sporty for British Heart Foundation £1
Fri 31st March	Last Day of Term

THE FRIENDS OF RYELANDS
PRESENTS

A FAMILY BINGO AFTERNOON



A GAME FILLED AFTERNOON FOR
ALL THE FAMILY

4TH FEB 3PM - 5PM
IN THE DINING HALL

£3 FOR ADULTS
KIDS FREE



HOT DOGS | TUCK SHOP

Valentine's Bake Sale

**Friday 10th February
from 3:20 after school**



**Please support our Valentine's
Bake Sale after school on Friday
10th February.**

**Bring your donations to class on the morning
of the 10th February to support the sale.**



Talkbus Timetable February 2023

MON	TUE	WED	THU	FRI	SAT
		1 Central Parade, New Addington 2:30pm - 5:30pm	2 North End Croydon 2.30pm - 5.30pm	3 Safe Space London Rd, Outside Invictus 2.30pm - 5:30pm	4 Safe Space Northend Croydon 1:30pm - 4:30pm
6 COLLEGE SESSION	7 INTERNAL STAFF MEETING	8 Monks Hill 2:30pm - 5:30pm	9 North End Croydon 2.30pm - 5.30pm	10 Safe Space London Rd, Outside Invictus 2.30pm - 5:30pm	11 Safe Space Northend Croydon 1:30pm - 4:30pm
13 Central Parade, New Addington 2:30pm to 5:30pm	14 Shrublands Estate 2:30pm to 5:30pm	15 Tesco Purley Superstore 2:30pm to 5:30pm	16 North End Croydon 2.30pm - 5.30pm	17 Safe Space London Rd, Outside Invictus 2.30pm - 5:30pm	18 Safe Space Northend Croydon 1:30pm - 4:30pm
20 COLLEGE SESSION	21 Norbury Library 2:30pm - 5:30pm	22 Legacy Youth Zone 4:30pm to 7:30pm	23 North End Croydon 2.30pm - 5.30pm	24 Safe Space London Rd, Outside Invictus 2:30pm - 5:30pm	25 Safe Space Northend Croydon 1:30pm - 4:30pm
27 COLLEGE SESSION	28 SCHOOL SESSION				

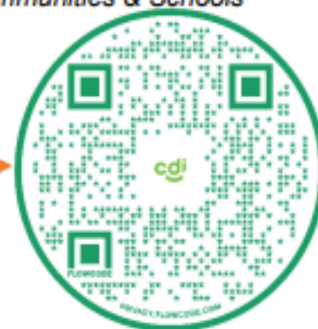
If you need information advice and guidance please visit the Talkbus or call
Monday to Friday or visit our website for further information on sessions near you

1pm to 4pm
07592 037 823

Supporting young people and families for 44 years, 1978 - 2022
Information, Advocacy, Counselling, Outreach and Health Support in Communities & Schools
Tel: 020 8680 0404

www.croydondropin.org.uk

Get the Talkbus Timetable
on your phone by
scanning here!



You Are Not Alone

Juggling family life is not always easy, when you have a child with additional needs this can feel quite overwhelming and isolating.

Learning to manage sleep deprivation, challenging behaviour, multiple medical appointments, EHCP process, nursery and school applications.



Together we can support you through your journey, especially someone who has walked in your shoes; offering friendships, information and advice, opportunities to socialise, emotional and moral support, a listening ear and a regular meeting place in a non-judgemental space.

Come and join us whether it's with or without your child on Wednesday's 9.30-11.00am at Selhurst Children's Centre



LET'S CONNECT

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

6-12
FEBRUARY
2023

TIPS FOR PARENTS AND CARERS

Dear parents and carers,

6 - 12 February 2023 is Children's Mental Health Week. The week is run by children's mental health charity Place2Be to raise awareness of the importance of children and young people's mental health. This year's theme is Let's Connect.

WHAT'S IT ALL ABOUT?

Let's Connect is about making meaningful connections, and for Children's Mental Health Week 2023, Place2Be is encouraging people to connect with others in healthy, rewarding and meaningful ways.

As parents and carers, you are an important role model to your child. How you connect with friends and family will influence your child, and how they develop their own friendships and relationships. For example, how you greet people and maintain friendships, but also how you forgive people or say sorry when you need to.

WHAT CAN YOU DO?

Here are a few simple ways you can connect with your child and help them to make meaningful connections.

1. Connect with your child in everyday ways

Moments of connection (and re-connection) are really important in child-caregiver relationships. For example, when you pick them up from school, or come in from work, try to give them your full attention and see if this helps you feel better connected as you hug, talk, smile and hear about their day. Watching your child play and joining in is really important to them – so put your phone away and have a bit of fun – being playful is good for adults, too!

With your older child, you may find times such as car journeys a good time to talk, or to re-connect by playing music you both like. It is important to be accessible to a teenager when they need to talk. You may have to be there 'on their terms' and be ready to listen.

2. Talk to your child about important connections

This could include talking about family members, friends, neighbours, childminders, people in the local community and others in your faith group (if you have one). Remember it's ok to talk about people they miss, for example, family members who live in a different country or people who have died.

Children learn a lot from their parents about how to express their feelings, including the joy that comes with feeling connected to others and the sadness that comes with missing others.

3. Talk to your child about their friends

As children become teenagers, their friendship groups become increasingly important to them. Be open to hearing about their friendships and try to listen without judgement.

#ChildrensMentalHealthWeek

LET'S CONNECT



Ask them about their life in real life and online. You may not think online friends are 'real friends', but your child may feel differently. Losing friends, feeling left out or being bullied is very painful and your child needs to know you will support them through these difficult times.

- 4. Connect by taking an interest in your child's world**
As adults we can sometimes be dismissive of the things that our children and teenagers are interested in, e.g. their music, fashion, what they watch etc. If you do take an interest in these things, however, you may feel better connected to your child and the important things in their world. This can lead to other conversations about other things in their lives that matter to them.
- 5. Find time to connect as a family**
Family life can become busy and stressful, so it's important to find some time where you connect together. This could include simple things like cooking, watching a film, playing a game, going to the park or even doing the family shop together.
- 6. Try to resolve conflict and re-connect after arguments**
Arguments and moments of disconnection are bound to happen in families - between your children, between yourself and your children and between yourself and your partner, if you have one. It is important that children learn how to disagree in appropriate ways, how to say sorry and how to make amends when they have done something wrong. They will learn a lot about how to do these things from you - so try to model the behaviour you want to see in your children. Talk to them about how to re-connect with friends after arguments including what they can do to help repair relationships.

Video activities from Place2Be

Puzzle Pieces – aimed at 4-7 year olds, this activity is presented by CBBC's Art Ninja, Ricky Martin, and will show children how we are all connected. Why not take part as a family? childrensmentalhealthweek.org.uk/puzzlepieces

Connecting Paperchains – developed by Place2Be's Art Room team for 7-11 year olds, this activity helps children think about the people, things and activities they feel connected to. childrensmentalhealthweek.org.uk/paperchains

Exchanging Postcards – developed by Place2Be's Art Room team for 11-14 year olds, this activity encourages young people to explore what connection means to them. childrensmentalhealthweek.org.uk/postcards

Looking for free practical advice to help you support your child?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. parentingsmart.org.uk

Let your child know that if they are worried about something, they should always talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website: place2be.org.uk/help



SOLIDROCK ACADEMY



CROYDON COUNCIL

www.croydon.gov.uk

SOLIDROCK ACADEMY CIC

HALF-TERM CAMP

2023

**FOOTBALL
BASKETBALL
ARTS & CRAFTS
COOKING
FUN GAMES
& SO MUCH MORE!**

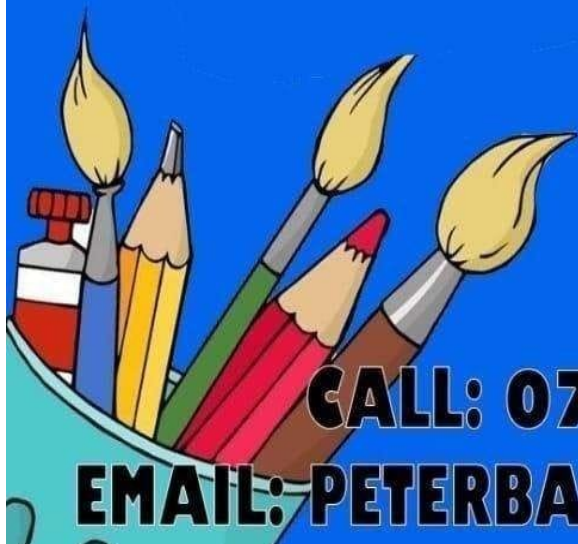
FREE PLACES AVAILABLE!



**38 Morland Ave
Croydon CRO 6EA**

13-17 FEBRUARY 2023

10AM - 2PM AGES 7-16



**PACKED LUNCHES
PROVIDED**

**ALL STAFF
ARE DBS
CHECKED**

CALL: 07508053809

EMAIL: PETERBARRY69@HOTMAIL.COM

Celebrating 160^{of} YEARS Hewitts of Croydon

THE SMARTER CHOICE SINCE 1863

In February 2023, Hewitts of Croydon turns 160! We have seen a lot of changes in the last 160 years, but one thing has remained the same. The quality and level of service we provide for our loyal customers, we wouldn't have survived the last 160 years without all of you!

At our heart we are a family run business and we consider all our customers our family, so who else would we want to share our 160th birthday with?

To celebrate we are hosting a huge discount event during February Half Term (Feb 13th-18th 2023), with 10% off EVERYTHING!!!

ONLINE & IN-STORE

Not only that, but every customer who places an online order will be entered into a prize draw to Win a £160 Hewitts Voucher, with 10 Chances to Win! That's right, we are giving away £1600 in vouchers! Don't worry if you want to shop in store, if you leave a Google review you will also be entered into our prize draw.

Hewitts would like to thank everyone for their support over the years, and we hope to be around for many more years...

Terms & Conditions apply:

- If you place an online order and leave a Google review, your name will be entered twice. But you can only win once.
- Only reviews left on Google are valid entries. Reviews left anywhere else do not count, and will not be entered into the prize draw.
- Only Google reviews left between February 13th-18th 2023 will be entered into the £160 voucher prize draw, any reviews left outside of this time frame are still eligible for our regular monthly prize draw for a £50 Hewitts voucher.
- Anyone found to be falsifying personal information will NOT be awarded the voucher, this includes using a fake name to try and win more than once.
- There will be 10 winners, all winning £160 Hewitts voucher each. The winners will be announced by the End of February on social media. If a review winner, the review will be responded to; and online winners will be contacted directly.
- No code is needed, it will automatically be applied at checkout in-store & online.
- The voucher can be issued as a website or in store voucher (one is virtual, the other physical). But it can only be one or the other, and is non transferable.
- Online orders that are fully cancelled and refunded will not be entered into the prize draw, the order must stand for it to be a valid entry.
- Both the discount event and the Google reviews competition are only open 00:01 Monday 13th February 2023 - 00:00 Saturday 18th February 2023.
- This offer cannot be used in conjunction with any other offer, for example staff discount would replace it not make it 20% off.