

## A Message From Miss Reed

Dear Parents and Carers,

This week at Ryelands we had our annual Safeguarding Systems and Practice review. Matthew, a member of the Oasis National Safeguarding Team, visited the school on Wednesday to assess our processes. He met with staff and children to talk about all elements of safeguarding: attendance, mental health, recording and procedures. I am pleased to report that this visit went extremely well and Matthew was very impressed with what he saw. The children that he met with made us very proud as a school; Matthew said that he'd not met a group of primary aged children before who were so confident to talk about their mental health and what is done in school to support this. With this in mind, I'd like to remind you that next week is Children's Mental Health Week. Throughout the week, the children will have the opportunity to take part in a range of well-being activities during our Soft Starts as well as being invited to join in with our 'Express Yourself' mufti day on Friday 9<sup>th</sup> February. Children are asked to bring a £1 on mufti day and all money will be donated to the charity Place2Be, a children's mental health charity.

We hope that you all have a great weekend.

Kate and the Ryelands Team



## Children's Mental Health Week



The week beginning 5<sup>th</sup> February is Children's Mental Health Week

on Friday 9<sup>th</sup> February we will be holding an 'Express Yourself' mufti day. Children should pay £1 which will be donated to the Place2Be charity.



## A New Lunchtime Supervisor!

Come and be a day-to-day hero at our academy at lunchtimes, helping our children during lunch break and seeing the smiles on countless faces every day. Working with us, you'll be valued, and part of our wonderful family at Oasis Academy Ryelands.

To apply, please go to <https://www.oclcareers.org/employer/oasis-academy-ryelands>

Please spread the word too!

Year 4 Please refer to the timetable below for your child's swimming times. Swimming is an important part of your child's learning and development. Please ensure your child brings their swimming kit everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
WB 05.09.24	2pm-3pm Magpie	2pm-3pm Owl			

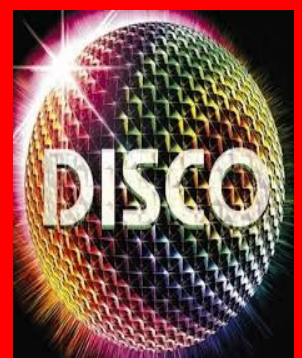
On Friday 9<sup>th</sup> February FoR are holding a Valentines Disco. Early Years and Infants need adults to attend with their children 3.30pm-4.15pm

Juniors can attend unaccompanied but must be collected at the end by an adult 4.15pm-5pm

Hot dogs and drinks will be served so bring your cash along!

We need more chaperones for this event so please get in touch if you can volunteer.

**MOBILE PHONES ARE NOT TO BE BROUGHT TO THIS EVENT**



# Attendance

Over a school year, we are open for 190 days which equates to 380 sessions. This includes Soft Starts from 8.40am, registration in the morning and again after lunch in the afternoon. Attendance is affected if a pupil is not present at school for any whole session including registration.

**Attendance Target: 97.0%**      **Attendance This Week: 93.7%**

**Attendance This Year: 95.6%**

## Weekly Attendance Awards

**Y3 WOODPECKER Attendance Cup 97.33%**

**Y2 CHAFFINCH - Penguin 97.86%**

**Pupils Late This Week: 24 pupils**



This initiative is part of our Friday Celebration Assembly. Every child who has had 100% attendance for the previous 5 days (Fri-Thurs) has their name entered into a prize draw. We spin the wheel (a child is chosen to do so) and whoever the wheel lands on, wins a £5 Amazon voucher. This is NOT cumulative so every week children have a fresh chance at having their names added to the draw.

**Winner for this week is:**  
**ANAYA - Y3 WOODPECKER CLASS**

## Year 6 Debate Mate Squad



Last night saw the start of the debating season for our Debate Mate squad. Godwin Junior School in Forest Gate was the setting for the competition between 9 London primaries, debating the topics of banning certain video game content and if students should be able to select their own headteachers. I was especially pleased to be told by a member of staff at Godwin Junior School, how impressed people were with the manners and respectful attitudes demonstrated by our children. That made me smile. Although evidently nervous, each and every squad member contributed in competition with children they had never met before and all with myself and Miss Wallace unable to support - other than with smiles and thumbs up. Self-control habit badges awarded to **Scarlett, Nana, Kayla, Alice, Troy, Felix, Rufus, Georgia, Chizara, Safa, Beatriz and Evie.**

Mrs Read



### Spring Term

## Positive playtime weekly winners!!




# 1st Y1 SPARROW

## 2ND Y3 WOODPECKER

## 3RD Y5 HERON





## Oasis Ryelands - Craze of the week!

Spring 1 Week 5

MUGA		Junior playground		Infant playground	
'Craze'	Date	'Craze'	Date	'Craze'	Date
Footballs, balance boards, and skipping	WB 5 <sup>th</sup> Feb 2024	Table tennis, basketballs And skipping	WB 5 <sup>th</sup> Feb 2024	Hula Hooping, skipping and ball games	WB 5 <sup>th</sup> Feb 2024



Positive Behaviour Points

**WHOLE SCHOOL 2239 points**

WINNING CLASS -

## Year 3 Kingfisher with 378 points

**WELL DONE!!!**

## This Week's Adventures

**Nursery:** This week Nursery have been learning about how to stay safe. We have learnt how to cross the road safely, what to do if we get lost, stranger danger, playing safely on playground equipment and in water and then all the dangers we might encounter in the home. We now know what to do in an emergency, and how to keep ourselves safe from day to day while still having lots of fun. We really enjoyed dressing up in special Green Cross Code character outfits and using the matching glove puppets and then practicing crossing a pretend road. We also learnt some catchy rhymes to help us remember the things we learnt.

**Reception:** Reception children enjoyed another week learning about Knights and Castles. They looked at how castles changed over time and what materials were used to build them. They listened to *"The Story Knight"* and did lots of activities around the story such as describing the main characters, sequencing the story or talking about the main plots. We ended this topic with a Kings and Queens dressing up day, on Friday. In 'Write Away', the children described the main characters in "The Story Knight", writing sentences such as: "The dragon has a long tail" or "The troll had yellow teeth". The children enjoyed another Musical Bumps session with Claire, on Thursday. In PE, they practised different ways of balancing using 1, 2, 3 or 4 points of contact.

**Year 1:** In English this week, we have started reading a new book called *"The Queen's Hat"* by Steve Antony. In the story, the Queen's hat is blown off and travels all around London. We have been writing facts about different London landmarks and the children have produced some fantastic writing. In maths, we are now focusing on different methods of addition and subtraction, using the number bonds that we know to help us. In art, we have been exploring collage using different types of media to create our own collages.

**Year 2:** This week, Year 2 have really enjoyed writing a letter in role as Grandad from *'Grandad's island'*. The children are becoming really confident at writing questions ensuring that they use the correct punctuation. We even published our letters in our neatest handwriting ready to send to Syd. In Maths, we have become more confident with division and sharing into equal groups using both physical counters and pictures. We are becoming experts on the Victorians in our History lessons and are really looking forward to our Victorian day next Wednesday. Please remember to send your child in wearing Victorian clothing and, on that day, we ask that no iPads come into school.

**Year 3:** Year 3 have had a great week this week. On Monday and Tuesday the children showed lots of focus and wrote their own versions of *Leon and the Place Between*. We were really impressed with their efforts and the interesting vocabulary they used. Well done Year 3! We have been continuing our learning on measurement in maths and looking at converting millimetres to centimetres and centimetres to metres as well as adding different measurements to find length and height. In Art, we have continued our learning on cave painting and had a go at using the technique of negative and positive space, painting handprints to show these techniques. In DT, we linked our learning to our history topic of the Stone, Bronze and Iron ages and created natural dyes from food scraps to dye squares of fabric. The children had great fun watching the fabrics change colour.

**Year 4:** Year 4 have continued our swimming lessons this week and have learnt some vital lessons in survival swimming and how we can help someone if they are in need in the water, whether we are pulling our friends to safety or throwing something to help them float. We learnt more about the Roman's and the impact they made on England as it is today, including our sewer systems, houses, roads, and baths (although they were much happier about today's system rather than the communal ones they had in Roman times!). This week we have also started planning and writing our independent stories based off the plot of *'The Adventures of Edward Tulane'*, and we will be publishing our stories soon. In cricket we worked on our decision making, deciding if we have enough time to run, making sure we keep our eyes on the ball, at the end of the session we got to put our new skills to the test in a quick game.

**Year 5:** This week in Year 5, the pupils have begun to plan and write their own 'Viking Adventure'. They've been using great description, vocabulary, adverbials, and sentence openers. Our stories will also contain action and speech and be finished next week. In maths, we are carrying on with our fractions journey – this week, we learnt to multiply different types of fractions with an integer and find fractions of amounts. In PE, our fitness tests have shown good progress in our skills, technique, and fitness levels. Whilst in history, continued to learn about Viking long boats and roles in Viking life. Science this week was great fun; the pupils produced a 'podcast' on benefits of exercise and tested their heart rates. Lastly, art was fantastic because we integrated our animal faces into the collage using oil pastels producing some wonderful work!

**Year 6:** Year 6 have had another brilliant week. They have written some very thoughtful diary entries from the perspective of Rose, the main character in *Rose Blanche*. They really considered what Rose may have been thinking and how she has been feeling. They learnt about the what the holocaust was in History, and we spoke about why it is important to have tolerance with one another. In Science, the children learnt about how animals adapt to their habitats and recapped their learning about how fossils were formed. Well done Year 6.

# Stars of the Week



Each week, a child in each class is chosen for portraying one of the Oasis 9 Habits.

Robin	Zion - Hopeful
Wren	Thea - Considerate
Sparrow	Max - Joyful
Starling	Aarav - Patient
Chaffinch	Ruby - Humble
Goldfinch	Wilf - Humble
Kingfisher	Manuela - Patient
Woodpecker	Mawa - Compassionate
Magpie	Xaviar - Self Controlled
Owl	Shammar - Hopeful
Heron	Eliana - Forgiving
Raven	Amari - Self Controlled Faith - Self Controlled
Eagle	Daria - Honest
Hawk	Ryan - Patient
PUPIL CHOICE	Kiah chose Taylor Jai for being Patient
	Ava chose Clara for being Hopeful

SUMDOG	Class	Child
1st	HERON	1ST GODWIN HERON
2nd	RAVEN	
3rd	SPARROW	

Compassionate	Patient	Humble
Joyful	Honest	Hopeful
Considerate	Forgiving	Self-controlled

Maths Shed	Class	Child
1st	RAVEN	HUZAIFAH (RAVEN)
2nd	GOLDFINCH	GLORIA (GOLDFINCH)
3rd	KINGFISHER	RASSIAH (GOLDFINCH)

Spelling Shed	Class	Child
1st	GOLDFINCH	RASSIAH (GOLDFINCH)
2nd	RAVEN	ALPHA (GOLDFINCH)
3rd	HEON	GODWIN (HERON)



# Dates for your Diary 2024

Date	Event
<b>Monday 5th Feb</b>	Reception Height and Weight Checks Reception - Year 6 Chinese New Year Ceramic Plate Painting Workshop Children's Mental Health Week
<b>Tues 6th Feb</b>	9.00am 'Keeping Safe Online' - meeting for parents Reception - Year 6 Chinese New Year Ceramic Plate Painting Workshop
<b>Wed 7th Feb</b>	Year 2 Victorian Day
<b>Thurs 8th Feb</b>	9.00am Year 5 Heron Class Assembly
<b>Friday 9th Feb</b>	'Express Yourself Mufti Day' £1 Donation to celebrate Children's Mental Health Week 3.30pm FoR Valentine's Disco <b>LAST DAY OF TERM</b>
<b>Mon 19th Feb</b>	<b>All children return to school</b>
<b>Tues 20th Feb</b>	Year 5 Viking Day
<b>Wed 21st Feb</b>	Year 3 Trip to Croydon Mosque and Islamic Centre
<b>Thurs 22nd Feb</b>	9.00am Reception Parents' Meeting GLD 3.30pm Year 4 Parents' Meeting - Frylands Residential Meeting and Multiplication Tables Check
<b>Mon 26th Feb</b>	2.45pm 'Phonics Screening Check' information meeting for parents
<b>Thurs 29th Feb</b>	9.00am Year 4 Owl Class Assembly
<b>Friday 1st March</b>	Animal Mufti Day FoR—pay £1
<b>Thurs 7th March</b>	9.00am Year 3 Kingfisher Class Assembly
<b>Fri 8th March</b>	2.45pm Safeguarding your Child 'Pants are Private' meeting for parents
<b>Thurs 14th March</b>	2.30pm 'SEND Speech and Language' meeting for parents
<b>Thurs 21st March</b>	9.00am Year 3 Woodpecker Assembly
<b>Fri 22nd March</b>	14.45pm Year 6 Parents' Meeting - SATs
<b>Wed 27th March</b>	Year 6 Trip - Natural History Museum
<b>Thurs 28th March</b>	<b>LAST DAY OF TERM</b>
<b>Mon 15th April</b>	<b>All children return to school</b>

# My VOICE MATTERS

Place2Be's

CHILDREN'S  
MENTAL HEALTH  
WEEK

## TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

**Are you a parent or carer who wants to talk to your child about mental health?**

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



### LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

### Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.



### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCG18](https://bit.ly/3PzCG18)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)



## DO YOU SOMETIMES WORRY ABOUT HOW YOU ARE FEELING?

If so, read on!



Here are some brilliant tips from children just like you\*. These children have also had ups and downs with their mental health and want to pass on some ideas that have helped them:

- Ask for help – from a teacher, parent, brother, sister, or other family member. Keep telling until someone listens to you.
- Remember you are not alone – everyone goes through tough times. Be kind to yourself – everyone is perfect in their own way.
- Stay calm – take some breaths or find somewhere to sit quietly for 2 minutes.
- Go outside and get some exercise to make yourself feel stronger.
- Spend time with your family and friends (or pets).
- It's okay to not always be okay.
- Think of your favourite thing and write it down.
- Keep a diary to track all your emotions.
- Stay positive and focus on things that make you happy. If you can't think of anything, maybe a friend can help you.
- Remember you are enough, and you are the only you.
- If you are being bullied, maybe the bully is being bullied or has something going on at home and they're taking it out on someone else. Tell an adult or trusted friend.



## DO YOU SOMETIMES FEEL A BIT WORRIED ABOUT HOW SOMEONE ELSE IS FEELING?

If so, read on!

Things you can say to help support someone else:



\*With thanks to the pupils at Seascope Primary School and Ark Globe Primary School.

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BEANO

99pax2023  
CHILDREN'S  
MENTAL HEALTH  
WEEK





# Valentine's



# disco



**FRIDAY 9TH FEB**

**EARLY YEARS AND INFANTS - 3.30PM - 4.15PM**

Children must be accompanied by an adult

**JUNIORS - 4.15PM - 5PM**

Juniors can attend unaccompanied but must be collected at the end by an adult. No mobile phones allowed

**£1 per family**

Hot dogs, drinks and a tuck shop will be on sale at both sessions





# VALENTINE TRAIL

10th - 18th February 

Join our trail to find the pairs of animals

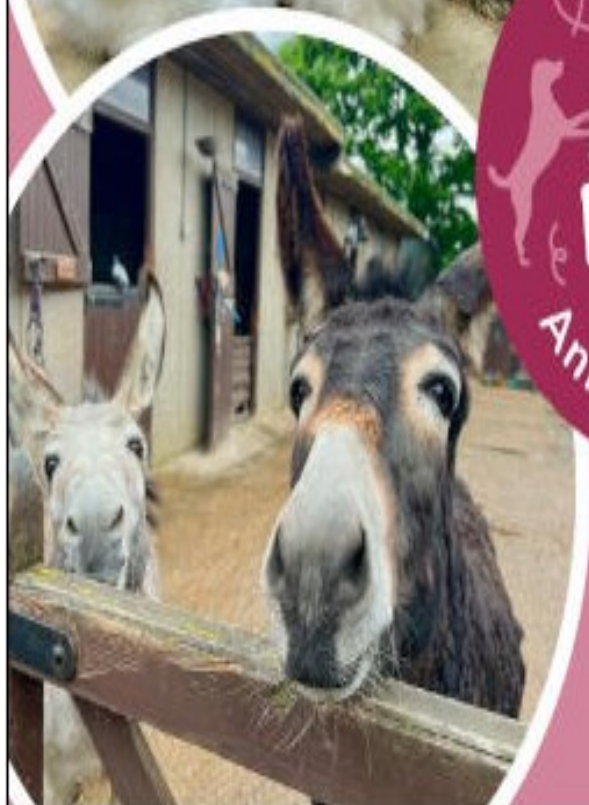
Pick up your entry form at reception.

Find the 10 pairs of animals.

Collect your prize from the Tea Room

Open daily (except Tuesday)

from 1.30pm - 4.30pm



  
£3 per  
entry

Foal Farm Animal Rescue

Jail Lane, Biggin Hill, TN16 3AX

[www.foalfarm.org.uk](http://www.foalfarm.org.uk)