

A Message From Miss Reed

Dear Parents and Carers,

I can't believe that we are already at February half term! It has been an incredibly busy 5 weeks at Ryelands and the children have enjoyed a wide range of lessons, activities and experiences. I'd like to take this opportunity to thank you all for your continued support in helping the children's learning and also in supporting us on trips and events.....these things can't happen without you and we really are very grateful.

This week has been Children's Mental Health Week and the children have all been invited to join in with a range of activities linked to mindfulness and well-being. Our 'Well-being Champions' helped to organise today's 'Express Yourself' mufti day and it was great to see the children in a range of colourful outfits raising money for the charity Place2Be. Thank you for your support with this.

You may remember from before, us talking about the charity 52 Lives. They have a special Kindness Club just for kids that your children may be interested in joining. The aim of this club is to help children recognise the importance of kindness and to support bringing kindness into the lives of others. They also have a half term kindness challenge that your children may like to take part in - visit their website for more information: <https://schoolofkindness.org/kids-club>.



I hope that you all have a fantastic half term break and get to enjoy some valuable time with friends and family.

Thank you again for all your support.

Kate and the Ryelands Team

POLITE REMINDER

PLEASE ENSURE THAT ALL CHILDREN BRING THEIR PE KIT BACK TO SCHOOL ON MONDAY 19TH FEBRUARY.

THESE SHOULD THEN LEFT IN SCHOOL FOR USE OVER THE COMING WEEKS.

PE UNIFORM: PLAIN WHITE T-SHIRT, BLACK or NAVY SHORTS

BLACK or WHITE PLIMSOLLS/TRAINERS



YEAR 5 ONLY
VIKING DRESS UP DAY
TUESDAY 20TH FEBRUARY

ENRICHMENT CLUBS

**ALL CLUBS WILL CONTINUE ON CHILDREN'S RETURN.
PLEASE REMEMBER YOUR KITS/SNACKS/WATER BOTTLES.**

ALL CLUBS FINISH AT 4.30PM.

PLEASE BE SURE TO COLLECT YOUR CHILD ON TIME.

Year 2 Victorian Day

On Wednesday the 7th of February, the Year 2 classrooms in our school were transformed into a Victorian classroom. The children and staff came into school dressed in Victorian clothing and really embraced everything they had learnt about how different Victorian schools were to modern day. The teachers took on the role of the strict school governess, who taught the children that they should be seen and not heard. We embraced the Victorian school day which comprised of drill, the 3'Rs (reading, writing and arithmetic), some Victorian games and some arts and crafts.



"I enjoyed when Miss Sales was strict because she was really mean and hit her cane on the desks. It was really funny, but we weren't allowed to laugh" -Brielle.



"I really liked Victorian day. I liked making the ball and cup. Madam Sales made me do lines on the board when I tried to put the dunce hat on her" - Dylan



Attendance

Over a school year, we are open for 190 days which equates to 380 sessions. This includes soft starts from 8.40am, registration in the morning and again after lunch in the afternoon. Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target: 97.0% Attendance This Week: 95.2%

Attendance This Year: 95.6%

Weekly Attendance Awards

Y3 WOODPECKER - Attendance Cup 99.67%

Y2 CHAFFINCH - Penguin 98.62%

Pupils Late This Week: 25 pupils



WIN!!!
With our Weekly
Attendance Wheel...

#InItToWinIt

This initiative is part of our Friday Celebration Assembly. Every child who has had 100% attendance for the previous 5 days (Fri-Thurs) has their name entered into a prize draw. We spin the wheel (a child is chosen to do so) and whoever the wheel lands on, wins a £5 Amazon voucher. This is NOT cumulative so every week children have a fresh chance at having their names added to the draw.

Winner for this week is:

MIGUEL Y4 OWL

Spring Term Positive playtime weekly

winners!!

1st HERON

2ND EAGLE

3RD WOODPECKER



Oasis Ryelands - Craze of the week!

Spring 2 Week 1



MUGA		Junior playground		Infant playground	
'Craze'	Date	'Craze'	Date	'Craze'	Date
Foot-balls, bouncy hoppers, and skipping	WB 19 th Feb 2024	Table tennis, basketballs and skipping	WB 19 th Feb 2024	Hula Hooping, skipping and ball games	WB 19 th Feb 2024

Positive Behaviour Points

WHOLE SCHOOL 1887

WINNING CLASS - Year 4 OWL 461

WELL DONE!!!



This Week's Adventures

Nursery: This week, Nursery have been learning about where we live. We looked at local landmarks like the Country Park, the School and the Swimming Pool, as well as our own houses on Google Street View which was great fun. We also discovered that there are so many different types of homes and buildings in our local area. We designed interesting homes for our families to live in, and we made a huge class map of all the places in South Norwood that we knew. We became familiar with some symbols and colours on a map, and we made train track and road routes that took us to all our favourite places!

Reception: This week's topic was 'Outer Space' and the children learnt about the solar system, stars and constellations. They watched the launching of a rocket and the work at a space station. On Monday, the children "travelled" to space in a spaceship. They discussed what they would take with them and what they would miss leaving planet Earth. On Tuesday, we were visited by a special friend from a different planet and the children had lots of interesting questions for him. The children wrote sentences describing their trip to the Moon and the alien. On Friday, we prepared for Valentine's Day by writing cards, making gifts and decorating biscuits. In Maths, the children learnt doubling and halving. We ended this half term "dressed to express" in support of Children's Mental Health Week.

Year 1: In English this week, we finished off our learning about 'The Queen's Hat' by writing a missing poster using lots of interesting adjectives to describe her missing hat. In science we learnt all about the astronaut Mae Jemison, the first black female to travel to space. In art, we continued to practise our collage techniques and collaged our own version of King Charles III.

Year 2: What a fantastic half term we've had! The children have really impressed us with their continued positive attitude towards learning and all of their hard work. This week we've been studying the wonderful Mary Seacole in our writing lessons, conducting research which supported us in creating a biography all about her phenomenal life. In maths, we have been focusing on doubles and halves, spotting odd and even numbers and looking at number facts within the 2 and 10 times tables. Our science lesson took us on a journey to learn how paper is made, which was very interesting. We had such a brilliant day, travelling back in time for our Victorian school day. Thank you, for all the effort you put into the children's costumes, it really helped them to immerse into the role play of the day.

Year 3: This week in English, Year 3 have started a new unit on persuasive advert writing. The children have explored the key features that form a persuasive text and have started to recreate their own magic show adverts inspired by Abdul Kazam's performance in 'Leon and the Place Between'. In Maths, children have been learning about perimeter and have been using their measuring skills to find the lengths of shapes, calculating the perimeter of these shapes. For Safer Internet Day, Year 3 took part in the BBC show, which discussed the advancement of artificial intelligence as well as safety online, children enjoyed taking part in the interactive quiz and scenario games and were inspired by how AI has impacted the internet and technology. For Children's Mental Health Week, Year 3 have been completing various well-being tasks throughout the week and we have discussed various strategies on how we can look after our wellbeing day to day. We have been impressed by Year 3's history work, they collaborated in small groups to showcase their learning of Stone Age, Bronze Age and Iron Age, displaying information on the homes, tools, food and interesting facts from each time period. Well done Y3!

Year 4: This week saw Year 4 complete their swimming course. The children made fabulous progress with some learning to swim independently for the first time and others swimming at further distances using different strokes. We also concluded our cricket sessions. Information about a FREE ten-week club due to start in summer term will be shared in due course. We have written diary entries from the point of view of Edward Tulane in English, and in Maths we learned how to calculate the perimeter of rectilinear shapes and polygons. In Science we explored the impact of climate change and as Historians, learned about what led to the fall of the Roman Empire. In Geography we used grid references and scale to understand the locations of countries that made up the Roman Empire. Well done for a great half term, and have a well-earned spring break.

Year 5: In Year 5 this week, we have been enjoying learning about fractions in maths and using this knowledge to work on our fluency and reasoning. In reading, Greek mythology has been our reading material and we've discussed vocabulary; worked on using evidence to answer summary and retrieval questions. Whilst in history, we have watched videos, read comics and looked through other reading materials to understand who the Normans were; to learn about the new era after the Norman conquest and its impact on Britain. Lastly, Heron class enjoyed creating their own assembly - singing, reading, and telling everyone about their learning - well done Heron!

Year 6: This week, we have been writing our own version of the *Rose Blanche* narrative but from a different perspective. Some of us chose to write it from a soldier's point of views, some the mayor and others one of the prisoners. The stories have been full of description and suspense and some of us even used German words to help fit it in context. In maths, we have continued our learning on fractions including adding mixed numbers and solving reasoning problems involving fractions. In history, we have learnt more about the Holocaust by focusing on Anne Frank and her life by reading extracts from her diary. We thought about what an inspiration she is - to have remained so positive and determined in the face of persecution. In RE, we have been learning about the Tripitaka - three baskets in Buddhism. We have read some of the stories about Buddha and thought about what we thought they could teach us about life. We recreated these stories in different ways including drama, verbal retellings and presentations.

Stars of the Week



Each week, a child in each class is chosen for portraying one of the Oasis 9 Habits.

SUMDOG	Class	Child
1st	Y5 HERON	1ST GODWIN Y5 HERON 5480 CORRECT ANSWERS
2nd	Y1 SPARROW	
3rd	Y5 RAVEN	

Robin	EDITH - JOYFUL
Wren	LORRAINE - JOYFUL
Sparrow	AYMIRA - HOPEFUL
Starling	JOVINA - HONEST
Chaffinch	AZAYA - CONSIDERATE
Goldfinch	ROUX - PATIENT
Kingfisher	IDA - CONSIDERATE
Woodpecker	LOCHLAN - JOYFUL
Magpie	ADAM - JOYFUL
Owl	THEO - HUMBLE
Heron	MELISSA - JOYFUL
Raven	SOFIA-LOREN - JOYFUL
Eagle	ALESIA - JOYFUL
Hawk	LILLY - HOPEFUL
PUPIL CHOICE	MELISA chose KHALIYAH for being HOPEFUL SEVEN chose TAIRELL for being JOYFUL

Compassionate	Patient	Humble
Joyful	Honest	Hopeful
Considerate	Forgiving	Self-controlled

Maths Shed	Class	Child
1st	Y5 RAVEN	HUZAIFAH (Y5 RAVEN)
2nd	Y2 GOLDFINCH	KING (Y2 GOLDFINCH)
3rd	Y6 EAGLE	RILEY (Y6 EAGLE)

Spelling Shed	Class	Child
1st	Y2 GOLDFINCH	KING (Y2 GOLDFINCH)
2nd	Y5 RAVEN	HUZAIFAH (Y5 RAVEN)
3rd	Y5 HERON	RASSIAH (Y2 GOLDFINCH)



Dates for your Diary 2024

Date	Event
Mon 19th Feb	All children return to school
Tues 20th Feb	Year 5 Viking Day
Wed 21st Feb	Year 3 Trip to Croydon Mosque and Islamic Centre
Thurs 22nd Feb	9.00am Reception Parents' Meeting GLD 3.30pm Year 4 Parents' Meeting - Frylands Residential Meeting and Multiplication Tables Check
Mon 26th Feb	2.45pm 'Phonics Screening Check' information meeting for parents
Thurs 29th Feb	9.00am Year 4 Owl Class Assembly
Friday 1st March	Animal Mufti Day FoR—pay £1
Thurs 7th March	9.00am Year 3 Kingfisher Class Assembly
Fri 8th March	2.45pm Safeguarding your Child 'Pants are Private' meeting for parents
Thurs 14th March	2.30pm 'SEND Speech and Language' meeting for parents
Wed 20th March	British Heart Foundation Skipping Day – wear red and donate £1
Thurs 21st March	9.00am Woodpecker Assembly
Fri 22nd March	2.45pm Year 6 Parents' Meeting - SATs
Wed 27th March	Y6 Trip to Natural History Museum
Thurs 28th March	LAST DAY OF TERM
Mon 15th April	All children return to school
Thurs 2nd May	Class Photos
Mon 6th May	School Closed - Bank Holiday
Fri 17th May	2.45pm Parents' Meeting Domestic Abuse
Sun 19th May	Year 6 Kingswood Residential
Mon 20th May	New Reception Parents' Meeting
Fri 24th May	LAST DAY OF TERM
Mon 3rd June	All children return to school

My VOICE MATTERS

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCG18](https://bit.ly/3PzCG18)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

DO YOU SOMETIMES WORRY ABOUT HOW YOU ARE FEELING?

If so, read on!



Here are some brilliant tips from children just like you*. These children have also had ups and downs with their mental health and want to pass on some ideas that have helped them:

- Ask for help – from a teacher, parent, brother, sister, or other family member. Keep telling until someone listens to you.
- Remember you are not alone – everyone goes through tough times. Be kind to yourself – everyone is perfect in their own way.
- Stay calm – take some breaths or find somewhere to sit quietly for 2 minutes.
- Go outside and get some exercise to make yourself feel stronger.
- Spend time with your family and friends (or pets).
- It's okay to not always be okay.
- Think of your favourite thing and write it down.
- Keep a diary to track all your emotions.
- Stay positive and focus on things that make you happy. If you can't think of anything, maybe a friend can help you.
- Remember you are enough, and you are the only you.
- If you are being bullied, maybe the bully is being bullied or has something going on at home and they're taking it out on someone else. Tell an adult or trusted friend.



DO YOU SOMETIMES FEEL A BIT WORRIED ABOUT HOW SOMEONE ELSE IS FEELING?

If so, read on!

Things you can say to help support someone else:



*With thanks to the pupils at Seascope Primary School and Ark Globe Primary School.

Beano Characters: A Beano Studios Product ©DC Thomson Ltd (2023)

BEANO

99pax2023
CHILDREN'S
MENTAL HEALTH
WEEK





VALENTINE TRAIL

10th - 18th February 

Join our trail to find the pairs of animals

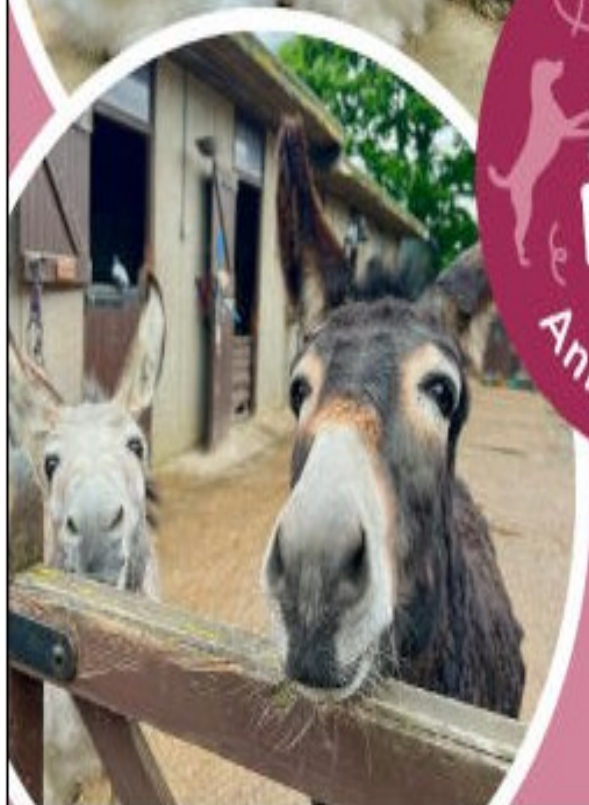
Pick up your entry form at reception.

Find the 10 pairs of animals.

Collect your prize from the Tea Room

Open daily (except Tuesday)

from 1.30pm - 4.30pm




£3 per
entry

Foal Farm Animal Rescue

Jail Lane, Biggin Hill, TN16 3AX

www.foalfarm.org.uk